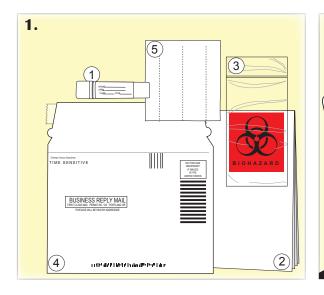
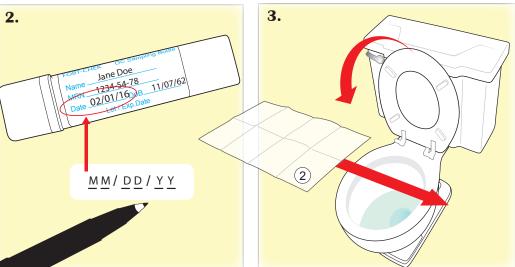
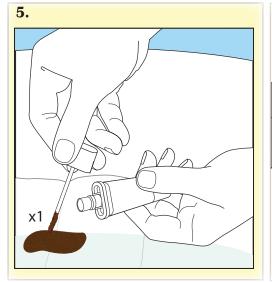
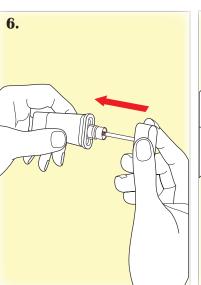
## **FIT Instructions**

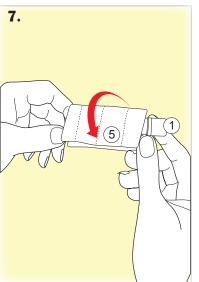


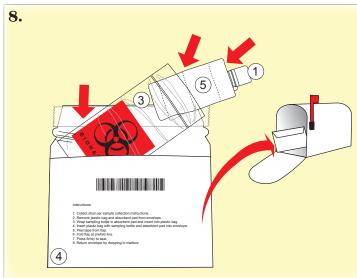












Funding provided by the Centers for Disease Control and Prevention (Award Number U48 DP004998) and the Jacobsohn Fund for Excellence
Adapted by the Health Outcomes Policy & Economics (HOPE) Research Program with permission from: KAISER PERMANENTE CENTER FOR HEALTH RESEARCH